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| Name: MR.HARSHIT | Reg No: 013-3SMHC19 |
| Age / Sex:24/MALE | Contact No:8861289665 |
| Marital Status: | Date:16/3/19 |
| Occupation:CA WORKING IN PWC | Dr. PJFP |
| Address:  NATIVE OF UDUPI | DIAGNOSIS- |

1. SWEAT UNDERARMS, ARMPITS, FEET. COLD EXTREMETIES. < EXCITED HAPPY OR SAD ANY EMOTIONS. FROM CHILDHOOD. DIDN’T TAKE IT SERIOUSLY TILL 18 YRS. THEN GOT TO KNOW IT’S A PROBLEM AND THEN INC. FEAR OF EMBARASSMENT. OTHERS WILL RECOGNISE. NOW BECOZ OF FEAR OF SWEAT I AM SWEATING.

* WEN 7 YRS OLD APTHOUS ULCERS SEVER.. TOOK LOTS OF STERIODS FR 3-4 MONTHS.
* FR HYPERHIDROSIS WENT FOR ACCUPRESSURE AND ALL BOT NO RELEIF.
* WHEN MORE NERVOUS SOMETIMES SHIVER.
* SMELLY FEET. ITS NOT THT EVERYDAY I SWEAT IF IT STARTS I START SWEATING MORE. THINKING MORE ABOUT IT ALSO SWEATS MORE.
* IF EATS LOT OF SPICY FOOD WILL EAT ULCER , SLEEPS LESS THAN 8 HOURS ALSO GETS ULCER IN MOUTH,
* SEPTRON ALLERGY
* SPEAK TOO MUCH.
* BUT I DNT SNORE THTS FOR SURE.
* PURE VEG- LIKES GOBI, SOME UDUPI DISHES. MORE TOWARDS SOUR SIDE.
* HATE SCIENCE AND LOVES MATHC. WANTED TO BE DIFFERENT ALL MY BRO AND COUSINS ARE ENG SO I BECAME CA.
* TILL GETS ON STAGE WILL SHIVER AND FREAKS OUT BUT ONCE IT STARTS PERFORMS WELL.
* USE TO READ A LOT OF STORIES. KANNADA. STUDIED IN KANNADA MEDIUM.
* IF IGNORED I HATE IT. IF I CALL N PEOPLE DON’T CALL ME BACK I HATE IT.
* IF I HELP SOM1 THT WILL COM BACK TO ME. SO I LIKE HELPING.
* LIKE WARM CLIMATE. ..
* LOVE PLAYING HAS GOOD STAMINA I NEVER GET TIRED. FAN OF DHONI
* IF ANYTHING TO PREEVNT HAIRFALL. PREMATURE GREY HAIR.

RX:

1. LYCO 200- 1 DOSE.

30/3/19: wen in stress either sweats or passes urine. Mentally feels a little more relaxed than before.

Rx:

1. Lyco200/sulphur200 – 4-4-4-4
2. Sil 12 x 4-4-4-4
3. Rub 15 – 1 tab night b/food.

13/4/19: 10-15% improvement in sweating. Smtimes dnt sweat at all. under sun sweats. Mentally feels relaxed more.

Rx:

1. Lyco1m – 4-4-4 alternate weeks for 3 days.
2. Sil 12x 4-0-4
3. Rub 30 – 1 tab night b/food.
4. Disc 1-1-1 b/food.

18/5/19: 40% improvement. Normal conditions no sweat at all. only if there is a tense situation sweats less than before. Mentally feels more relaxed. Hairfall has inc.

1. Rx: Lyco1m – 4-4-4 alternate weeks for 3 days.
2. Sil 12x 4-0-4
3. Rub 30 – 1 tab night b/food.

22/6/19: 30% imporvemnt.

Rx:

1. Thuja 200- 1 dose.
2. Lyco200 – 1 dose
3. Sil 12 x
4. Rub 30 -